



EDITOR’S NOTE

Dr. Leomar S. Galicia

The last quarter of the year 2024 is a testament to our ever-growing desire to make UPHSL as a research-renowned institution.

For this circulation, we celebrate the publication of the article “Knowledge and Implementation of Nutrition Care Process (NCP) in Hospitals in a Philippine Province” where I served as co-author of Prof. Olivia Factoriza. This was published in the Journal of Lifestyle and SDGs Review, an open-access journal indexed by Scopus.

Our institution also served as a host school for holding the CHED Four A: Fostering Outstanding and Unique Research Activities in CALABARZON where I served as speaker in a panel discussion on co-organizing international research conference. This undertaking served as a convergent platform for academics and research scholars in our region, championing collaboration and excellence in research.

Driven by our continuous pursuit to strengthen our hard skills and transversal competencies in research, I also led the delegation of the institution in joining the masterclass in teaching research at De La Salle University, marking a significant milestone to learn from experts in our top research university in the country.

There’s still lot to accomplish for our university in terms of research but each accomplishment we rejoice for gets inked in our annals of research history, occupying a significant space in our narratives as an academic institution of basic and higher learning.

Padayon, Perpetualites!

UNIVERSITY MENTORS ATTEND ON-SITE MASTERCLASS IN TEACHING RESEARCH 2024 AT DLSU

By: Vinz Aaron P. Ursudan



CHAMPIONING PERPETUALITE EXCELLENCE IN ACADEMIA. Ms. Jeanne Pauline Sarmiento (1st from left) together with Dr. Leomar Galicia and Mr. Reggie Mueden as they proudly represent the university in the DLSU Masterclass in Teaching Research.

Binan City, Laguna- With the goal of further bolstering the competencies in teaching research and mentoring researchers at the University of Perpetual Help System Laguna (UPHSL), select university representatives attended the 2-day (December 6-7) masterclass in teaching research at De La Salle University Manila at Brother Andrew Gonzales Hall, organized by the Research and Grants Management Office of the country’s top private research university.

The university delegation was headed by Dr. Leomar S. Galicia with Ms. Jeanne Pauline M. Sarmiento and Reggie R. Mueden, forming the total of 201 on-site delegates from 78 HEIs and DEPED schools in the country.

For Day 1, topics covered research and the senior high school and college education, ethics in research, qualitative research methods and quantitative research methods. For Day 2, lessons included research and research proposal writing in humanities and education, science and technology, and social sciences and business research mentoring and supervision, and dissemination and publication.

Serving as resource persons were DLSU’s seasoned administrators and researchers including Dr. Ethel Ong (Dean of College of Computer Studies), Dr. Ma. Luiza Enriquez (Director of Research Ethics Office), Dr. Homer Yabut (Assistant Dean for Research and Advanced Studies-College of Liberal Arts), Dr. Rechel Arcilla (Associate Professor of Mathematics and Statistics Department), Dr. Jeane Peracullo (Assistant Dean for External Affairs and Lasallian Mission), Dr. Kathleen Aviso (Dean of Gokongwei College of Engineering), Dr. Feorillo Demeterio III (Executive Director of Research and Grants Management Office), Dr. Luz Suplico-Jeong (Director, Center for Business Research and Development) and Dr. Raymond Tan (Vice President for Research and Innovation).

The proceeds of the masterclass will be allocated to the operation of Andrew Gonzales Philippine Citation Index (AGCPI), a journal indexing and citation system for academic journals in the Philippines. AGCPI provides assistance to local journals in increasing their standards to be at par with international accreditations.

UPHSL HOSTS CHED FOUR-A, ENGAGES IN A PANEL DISCUSSION

By: Olivia J. Factoriza

Binan City, Laguna – The University of Perpetual Help System Laguna in partnership with the Commission on Higher Education (CHED) Regional Office IV, and the Network of CALABARZON Educational Institutions Inc. (NOCEI), successfully hosted a research activity entitled “CHED FOUR A: Fostering Outstanding & Unique Research Activities in CALABARZON” at Performing Arts Theatre last November 13, bringing together directors, educators, and researchers who aimed at championing research excellence in the region.

One of the panelists, Dr. Leomar S. Galicia, research director of UPHSL Binan, shared insightful thoughts on co-hosting international research conference. He highlighted the importance of collaborative efforts as this is today’s name of the game between local and international institutions in advancing academic research and creating platforms for global discourse. Dr. Galicia also emphasized how such collaborations expose the researchers to an international audience and leverage publication opportunities.

One of the panelists, Dr. Leomar S. Galicia, research director of UPHSL Binan, shared insightful thoughts on co-hosting international research conference. He highlighted the importance of collaborative efforts as this is today’s name of the game between local and international institutions in advancing academic research and creating platforms for global discourse. Dr. Galicia also emphasized how such collaborations expose the researchers to an international audience and leverage publication opportunities.

He argued that the success of hosting or co-hosting international conferences depends on their ability to adapt and remain resilient, ensuring that the quality of the event is maintained despite any challenges. Dr. Galicia emphasized how such conferences not only provide a valuable platform for showcasing research but also open the door for publishing in reputable international journals, enhancing the global reach and credibility of local scholars. He also underscored the growing importance of “holding the conference in a hybrid setup so those who wish to participate but have some geographical, temporal or even financial limitations can improve their research portfolio.” (continued on p.2)

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BOOSTING RESEARCH AT ITS FINEST. Ms. Kimry Danielle Gonzales (1st from left), Dr. Annalie Patena, Dr. Leomar Galicia, Dr. Bernardo Lunar, and Dr. Marites Rio, provide best research practices from their respective universities.

THE PROBE

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Other panelists include Dr. Annalie D. Patena, officer-in-charge of the Center for Research and Innovation of Lyceum of the Philippines University-Batangas who shared her insights on international rankings, Dr. Bernardo Lunar, research director of San Pablo Colleges, who delved into educational innovations and Dr. Marites M. Rio, Vice President for Research, Development and Extension and Productivity of University of Riza System, who tackled scaled up initiatives on the internationalization of research and extension programs. The panel discussion was moderated by Ms. Kimry Danielle Gonzales of Lyceum of the Philippines University-Laguna.



IN PHOTOS. Panelists sharing insights on research areas covering ranking, internalization, and benchmarking. Awarding of panelists (middle) headed by the officers of NOCEI.



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successfully published their research in *Journal of Lifestyle and SDGs Review*, an open-access journal indexed by Scopus


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KNOWLEDGE AND IMPLEMENTATION OF NUTRITION CARE PROCESS (NCP) IN HOSPITALS IN A PHILIPPINE PROVINCE

Olivia J. Factoriza¹
Leomar S. Galicia²

ABSTRACT

Introduction: The Nutrition Care Process (NCP) was established and ought to be implemented by nutrition and dietetics practitioners all over the world in an effort to create a framework for critical thinking and decision-making for dietitians and nutrition professionals. Despite the advantages it offers, the implementation of NCP among dietitians is yet to occur specifically in some Asian countries.

Objective: This study aimed to examine the relationship between the level of knowledge in NCP and the level of its implementation by the chief dietitians working in government and private hospitals in Laguna Philippines. It also aimed to identify the common barriers to NCP implementation.

Theoretical Framework: The goal of NCP is to standardize a process describing the workflow of NCP, which includes four distinct and interrelated steps namely: nutrition assessment and reassessment, nutrition diagnosis, nutrition intervention, and nutrition monitoring and evaluation.

Method: This descriptive-correlational study surveyed 30 chief dietitians in a Philippine province and used a validated and pilot-tested four-point Likert scale instrument which was converted into online questionnaire to facilitate distribution and retrieval. Ethics approval was granted in the conduct of the study. Statistical treatments used included weighted mean, Pearson r moment correlation and ranking.

Results and Discussion: Results revealed that though the respondents are highly knowledgeable in NCP, there was a less implementation of NCP in Laguna hospitals, indicating a gap between theory and practice of NCP. This was supported by the test of relationship which showed that knowledge on NCP did not correlate with its implementation. Barriers to implementation include lack of manpower in the dietary department, problems in the coordination among physicians, nurses, dietitians, and pharmacists, the lack of adequate training in NCP, and the lack of awareness on the implementing guidelines of NCP as provided by the Department of Health (DOH) of the Philippine government.

Research Implications: While the sample size of the study was small and the findings cannot be generalized to a wider population of dietitians, results of the study can invite researchers and policy makers to explore, in a more cross-sectional setting, how challenges in implementing NCP can affect the quality of providing nutritional care to various populations.

Originality/Value: The results of this investigation could invite researchers and policy makers in nutrition to explore, in a more cross-sectional context, how challenges in implementing NCP can affect the quality of providing nutritional care to various populations and identify other variables which may affect the successful implementation of nutrition care process and the best practices exhibited by hospitals in its realisation.

Keywords: nutrition care process, good health and well being, Philippines, sustainable development goals (SDGs).

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